

PSHE

Lesson 1: Monday 11th January 2021
Good friendships

Today, we are starting a new topic in PSHE
all about relationships.

Read through the following slides and
complete the activities as you go 😊

How do we choose our friends?

Task 1:

- Draw a picture of you and your friends in the middle of a page
- Think about why you particularly like your friends? Write your ideas around your picture.

Example:
They really
make me
laugh



Now repeat the task but
this time draw yourself in
the middle of another page
and write why you think
people like to be your
friend

What makes a good friendship?

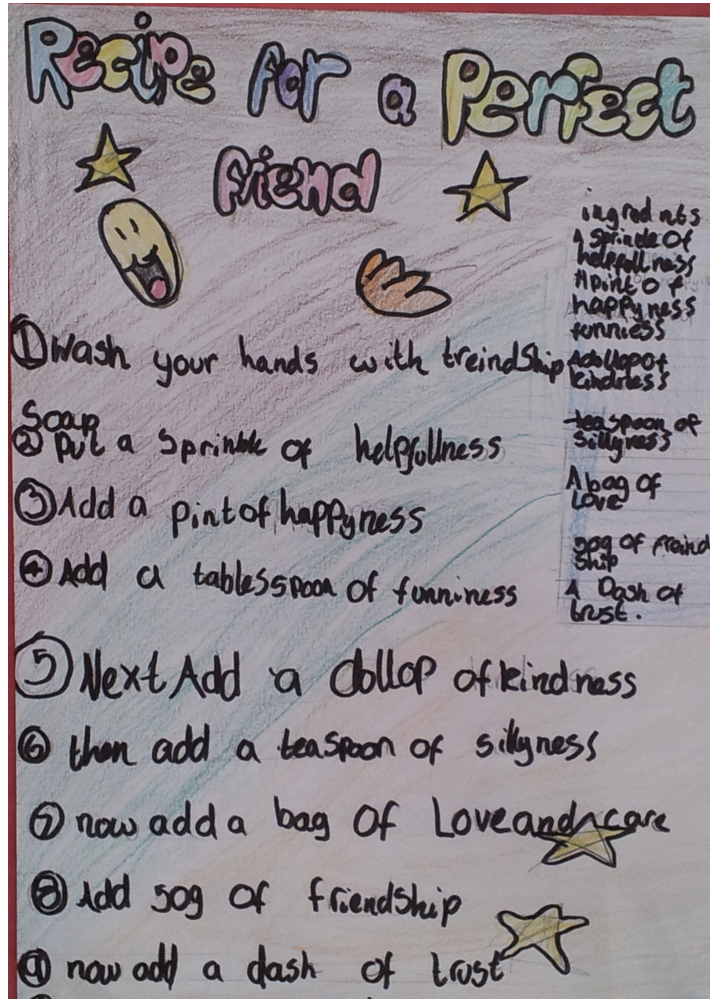
Click on the link below to find out what ingredients we need for a good friendship:

<https://www.youtube.com/watch?v=H7w7yXkJTu0>



What were the ingredients of a good friendship?

Task 2: Write your own recipe for friendship like the example in the video.



Challenge: Can you write some instructions to make the recipe?

Key words:

pint
dollop
spoonful
jug full
500 ml
sprinkle
pinch
cup

Ingredients:

kindness
love
honesty
humour
Happiness
smiles
respect
fun

Showing how you care



Never let your friends
feel lonely...

...Disturb them all
the time.



I sent my
Nan some
flowers to
cheer her up
and show her
that she is
loved.

Task 3:

Write 3 examples of ways you
have shown your loved ones,
family or friends, how you
care for them.





I would LOVE to see your friendship recipes ☺
Please send them to me at
yearthree@st-jo-st.dudley.sch.uk

